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Phytochemical screening of coconut husk and potentials of its activated charcoal as a stomach acid adsorbent

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### ABSTRACT

The objective of the study was to determine the active principles present and investigate if coconut husk charcoal used in traditional ulcer management adsorbs stomach acid (0.16 M). Simple chemical tests were undertaken to test for the phytochemicals. The coconut fiber charcoal was activated with 1M and 2M KOH and  $H_2SO_4$  at 500 °C respectively in muffle furnace. Adsorption mechanism of stomach acid was studied by the adsorption of the acid onto an activated coconut husk charcoals. Adsorption which depends on contact time, amount of adsorbent and temperature is the transfer of stomach acid to the surface was determined by titrimetric method using 0.16 M NaOH and methyl red indicator. Five phytochemicals (alkaloids, carbohydrates, tannins, saponin and glycoside) were recorded present incoconut husk extracts. The result of adsorption mechanism revealed that KOH activated coconut husk charcoal is a better adsorbent than  $H_2SO_4$  activated coconut husk charcoal. The optimum contact time (minutes) and amount (g) were found to be 15 minutes and 1g respectively. Temperature was found not to have any effect on the adsorption of stomach acid. The result of this study shows that KOH activated coconut husk charcoal can be effectively used in ulcer management.

Keywords: Phytochemicals, coconut husk, activated charcoal, stomach acid, adsorption.

### INTRODUCTION

Nigeria is among the developing countries where about 80% of the population [1]; [2]; [3] depend on medicinal plants for their primary health care. The prevention and cure of several ailments different herbs for different diseases are properties of families, community and as well as various cultures [4]; [5] and enough effort has not been made to document the phytochemicals, pharmaceutical and pharmacological activities of such plants used to treat various ailments. Extracts from the same plant materials obtained with different solvents of different polarity (low polarity solvent (such as n-hexane, ligroin and chloroform), intermediate polarity (such as ethyl acetate) and strong polar (such as methanol, ethanol, acetone and dichloromethane) will contain a mixture of biological active principles with varying structure and polarity [6] with have distinct biological activities [7]. In medicine, the multiple pores of activated charcoal are utilized to trap many toxic chemicals such as drugs, phytotoxins and poisonous chemicals, preventing their absorption from the gastrointestinal tract [8] and the capacity to adsorb depends on several factors ( including the pH, solubility, particle size, ionization of the substance and stomach contents) [9]; [10]; [11] as a secondary decontaminate that prevents a potential circulation and perforation of both the liver and the intestine.[12]; [13]; [14] from binding to the toxic substance. Activated charcoal is now

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a supplement of choice in hopes of detoxifying their bodies of gas (ulcer), and treating a variety of ailments, including diarrhea, kidney problems, hangovers, and yellowed teeth [15]; [16]; [17]; [18]. The parietal cells (also known as oxyntic cells) that is responsible for producing the HCl in your stomach, transport proteins ferry chloride and potassium ions outward across the membrane. A proton pump exchanges hydrogen ions for potassium ions, so the net effect is the accumulation of HCl with a little KCl and the solution they secrete has a pH of 0.8 and concentration of 160 millimoles per liter, (0.16 moles per liter) [19]; [20]; [21] [22]. The increasing number of ulcer patients and the non-effective nature of the drugs in curing and the adverse effect of excess consumption of antacid medicine is alarming. The need for natural alternative drug that will be affordable, cheap, environmentally friendly and easy to prepare is desired. This study aimed to access the extracts of coconut husk samples for some of the phytochemicals present and the suitability of 1 M and 2 M KOH and H<sub>2</sub>SO<sub>4</sub> activated coconut husk charcoal in adsorption of stomach (0.16 M HCl) acid to support its use in traditional medicine for ulcer management.

#### Materials and methods Sample collection and preparation

The coconut husk was collected from Oghe in Ezeagu L.G.A, Enugu State on June 10<sup>th</sup> 2022. The huskwas separated from the greenish cover and put in a plastic can pending analysis.

### Successive extraction of active principles for phytochemical analysis

The secondary metabolites in 70 g of the coconut husk samples were exhaustively extracted with 500 mL nhexane in a 500mL capacity Soxhlet extractor using heating mantle. The extract was concentrated to half the volume and labeled n-hexane extract of coconut husk. The same procedure was repeated with 500 mL of ethyl acetate and methanol and labeled extracts of coconut husk respectively.

### Screening for phytochemicals in coconut husk extracts

The extracts were subjected to a phytochemical screening using the following tests: Rosenthaler test for saponins employing frothing and emulsion formation method [23]; [24]; test for saponin glycoside using Fehling's solutions [23] test for steroids and triterpenoids (LibermannBurchaed method) [23]; [24]; Fehling's solution test for glycosides [23]; digital glycosides test [25]; Born Traggers test for anthracenes [23]; Ferric chloride solution, gelatin solution and lead acetate solution test for tannins [26]; [27]; [28]. Ammonium hydroxide test for hydrolysable tannins [23]; Testfor Pseudo tannins employing dark purple colourationa match stick [23],Magnesium ribbon test (Shinoda Test), alkaline test (NaOH and Acid Test) andLead Acetate test for flavonoids [26]; [29] and acetic anhydride activated with concentrated surphuric acid test for resins [23]. Tests for alkaloids using Wagner's [30], Dragendorff's [23], [26], Mayer's [26] and Kraint's reagents [31] respectively. Ninhydrin tests for amino acids [32]; [33]; [34] and Biuret test for proteins [23]; [35]. Millon's, Fehling's and Benedict's reagentstests for carbohydrates [35]. The absolute alcohol test for gum and Mucilages [34]; [36].

### Sample preparation and activation of coconut husk charcoal

The husks were then charred in open fire and the fire quenched with distilled water. The char coal was placed in a dry beaker for activation. The char powder (100 g) were mixed with 1 M and 2 M potassium hydroxide and sulphuric acid in 500 mL beaker respectively. The mixture was heated at  $500^{\circ}$ C for 1 hours in a muffle furnace and allowed to cool down to room temperature and sieved.

### Adsorption of stomach acid (0.16 M HCl) at various contact time

The adsorption process were carried out with 30 mL of stomach acid (0.16 M HCl) and 1 g of 1 M and 2 M potassium hydroxide and sulphuric acid activated charcoals separately in five beakers at room temperature and stirred vigorously with a stirring rod for five minutes and filtered at a contact time of 15, 30, 45, 60, and 75 minutes and labelled for the titrimetric studies.

# Adsorption of stomach acid (0.16 M HCl) with various quantities of 1 M and 2 M potassium hydroxide and sulphuric acid activated charcoals

Thirty milliliters of the stomach acid (0.16 M HCl) were added to 1, 3, 5, 7 and 9 g of 1 M and 2 M potassium hydroxide and sulphuric acid activated charcoals respectively and stirred vigorously for five minutes. It was left for 1 hour to enable adsorption of the stomach acid and filtered and labelled for titrimetric studies.

# Adsorption of stomach acid (0.16 M HCl) with 1 M H<sub>\*</sub>SO<sub>\*</sub> acid and 1 M KOH activated charcoals respectively at various temperature

Thirty milliliters of the stomach acid (0.16 M HCl) were mixture with 1 g of 1 M and 2 M potassium hydroxide and sulphuric acid activated charcoals respectively and placed in 250 mL beaker. The beakers were immersed in a thermo-stated heating water bath at temperatures, 50°C, 60°C, 70°C, 80°C and 90°C [37]. The mixture was heated with constant stirring for an hour at the set temperature and filtered and labelled for the titrimetric analysis. The titrimetric analysis was recorded and the extent of adsorption depends on the calculated concentrations.

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### **RESULTS AND DISCUSSION**

Screening for phytochemicals (Table 1) in the n-hexane (non-polar solvent), ethyl acetate (slightly polar solvent) and methanol (very polar solvent) extracts of coconut fiberrevealed the presence of alkaloids, carbohydrates, tannins, saponin and glycoside. Coconut husk is not rich in phytochemicals. Meanwhile n-hexane extract were found to be richer in phytochemicals with tannins, alkaloids and carbohydrates present, while ethyl acetate contain saponin, saponin glycoside, hydrolysable tannins and carbohydrate. Methanol with only glycoside, and carbohydrate.

Table 1: Results of phytochemical screening of coconut fiber extracts

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Table 1: Results of phytochemical screening of coconut fiber extracts						
Parameters	Coconut fiber extracts					
	n-Hexane	Ethyl acetate	Methanol			
Saponin	-	+	-			
Saponin Glycoside	-	+	-			
Tannins	+	-	-			
Hydrolysable Tannins	+	+	-			
Pseudo Tannin	-					
Test of Tannin (Using Gelatin)	-	-	-			
Digital Glycoside	-	-	-			
Glycoside General	-	-	+			
Anthracene (Born Tragger Test)	-	-	-			
Resins	-	-	-			
Steroid and Triterpenoids (LibemannBuchard) Test	-	-	-			
Volatile Oil Test	-	-	-			
Alkaloid	+	-	-			
a. Draggendoff Test						
b. Wagner's Test	+	-	-			
c. Mayer's Test	+	-	-			
d. Kraint's Test	+	-	-			
Flavonoid Test	-	-	-			
(a) Magnesium ribbon test						
(b). Alkaline test	-	-	-			
(c). Lead Acetate test	-	-	-			
Carbohydrate Test	-	+	+			
Amino acid (Protein)	-	-	-			

Adsorption isotherms of stomach acid (0.16 M HCl) with 1 M and 2 M KOH and H<sub>2</sub>SO<sub>4</sub> respectively As titrimetric analysis was taken in all experiments involving the stomach acid adsorption processes, the relative concentration of stomach acid adsorbed, x and the residual relative quantity at equilibrium, xe are obtained from Equations below [38].

 $X = \frac{A0 - A}{A0} \qquad (1)$   $\frac{A}{A0} = 1 - X = Xe \qquad (2)$ 

where Ao is the concentration of stomach acid (0.16 M) and A is concentration after adsorption. Using Equations (1) and (2) and can be rearranged to Equations (3) and (4) (Lima et al., 2022).

$$\frac{\text{Xe}}{\text{X/m}} = 1/a + (b/a) \text{ Xe} \dots (3)$$
$$\frac{\text{X}}{\text{m}} = \text{KXe} \dots (4)$$

Application of Langmuir and Freundlich equations to adsorption isotherms for absorption of stomach acid with 1 M and 2 M KOH and  $H_2SO_4$  activated coconut husk charcoal, showed that concentration of stomach acid decreased as the contact time and amount 1 M and 2 M KOH and  $H_2SO_4$  activated coconut husk charcoal increases was

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observed [39].No significant decrease was observed with increase in temperature between 50, 60, 70, 80 and 90°C. Successful application of Langmuir and Freundlich isotherms was based on the decrease in concentration of stomach acid [39]; [40]; [42]; [42]; [39].

Table 2: Results of adsorption of stomach acid at various contact time with 1 M and 2 M KOH and H<sub>2</sub>SO<sub>4</sub> activated coconut husks charcoal.

Par.	Ads. 1 (M)	Ads. 2 (M)	Ads. 3 (M)	Ads. 4 (M)	KXe 1	KXe2	KXe3	KXe4	
0	0.160	0.160	0.160	0.160	-	_	_	-	Page
15	0.029	0.030	0.142	0.140	0.819	0.113	0.812	0.125	
30	0.029	0.030	0.139	0.139	0.819	0.131	0.812	0.131	
45	0.029	0.030	0.147	0.138	0.819	0.081	0.812	0.138	
60	0.030	0.030	0.150	0.140	0.813	0.063	0.812	0.125	
75	0.029	0.029	0.149	0.141	0.813	0.069	0.813	0.119	

Key

Ads. 1= (adsorbed stomach acid with 1M KOHactivated charcoal), Ads. 2= (adsorbed stomach acid with 2 MHOH activated charcoal), Ads. 3= (adsorbed stomach acid with 1 M H<sub>2</sub>SO<sub>4</sub>activated charcoal), Ads. 4 = (adsorbed stomach acid with 2 M H<sub>2</sub>SO<sub>4</sub> activated charcoal), Residual concentration = KXe; and 0 = Control (concentration of stomach acid).



Figure 1: Results of adsorption of stomach acid with 1 and 2 M KOH and H<sub>2</sub>SO<sub>4</sub>at various contact time

Fig. 1 shows the effect of various contact time (0, 15, 30, 45, 60 and 75 minutes) on the extent of adsorption of stomach acid. There is a significant decrease in the concentration of stomach acid (0.16 M HCl) with increase in contact time that is optimum at 15 minutes after which no significant decreased is observed. Moreover, there is no meaningful different in the extent of adsorption of stomach acid between 1M and 2M KOH activation of coconut husks charcoal, this is supported by the findings that 2M KOHactivated coconut husks charcoal have greater surface area but with lowest bleaching efficiency. The poor performance of 2M KOH activatedcoconut husks charcoal is attributed to the collapse of the crystalline structure of coconut husks charcoal [43-54]. This indicates that there is no need for activation with higher concentration KOH. The absorption result by using KOH activated coconut husks charcoal, it can be seen that the optimum contact time occurred at 15 minutes of 1 M and 2 M KOH activated coconut husks charcoal, it can be seen that the optimum contact time occurred at 15 minutes of 1 M and 2 M KOH activated coconut husks charcoal [55-65]. However, activation with 1M and 2 M H<sub>2</sub>SO<sub>4</sub> show no significant adsorption of stomach acid. This revealed that sulphuric acid is not a good activation reagent for adsorption of stomach acid. For the adsorption using various amounts of the activated coconut husks charcoal (1, 3, 5, 7 and 9 g), the result revealed that 3 g of 1 M KOH activated coconut husks charcoal (1, 3, 5, 7 and 9 g), the result revealed that 3 g of 1 M KOH activated coconut husks charcoal (1, 3, 5, 7 and 9 g), the result revealed that 3 g of 1 M KOH activated coconut husks charcoal (1, 3, 5, 7 and 9 g), the result revealed that 3 g of 1 M KOH activated coconut husks charcoal (1, 3, 5, 7 and 9 g), the result revealed that 3 g of 1 M KOH activated coconut husks charcoal (1, 3, 5, 7 and 9 g), the result revealed that 3 g of 1 M KOH activated coconut husks charcoal is the optimum adsorption quantit



Figure 2: Results of adsorption of stomach acid with 1 and 2 M KOH and H<sub>8</sub>SO<sub>4</sub> at various amounts.

The figure belowshows what takes place in the entire adsorption of stomach acid with 1 and 2 M KOH and  $H_2SO_4$  activated coconut husks charcoal at various temperatures. The concentration of stomach acid shows a significant decrease with 1 and 2 M KOH but not with increase in temperature.



Figure 3: Results of adsorption of stomach acid with 1 and 2 M KOH and H<sub>2</sub>SO<sub>4</sub> at various temperature.

Table 3: C coconut hus	oncentra sks charc	tion of stomach acid coal at various contact	l adsorbed per gram t time (min.), quantiti	of 1M and 2M KOI es (g) and temperatur	H and H₄SO₄ activated re ((°C)).	
Parameter		Ads. /g of 1M KOH	Ads. /g of 2M KOH	Ads. /g of 1M H <sub>2</sub> SO <sub>4</sub>	Ads. /g of 2M H <sub>2</sub> SO <sub>4</sub>	
Contact (min.)	time					
0		0.000	0.000	0.000	0.000	Page   16
15		0.819	0.813	0.125	0.125	1 986 1 10
30		0.819	0.813	0.131	0.131	
45		0.819	0.813	0.081	0.138	
60		0.813	0.813	0.063	0.125	
75		0.819	0.819	0.069	0.119	
Quantity (g	;)					
0	,	0.000	0.000	0.000	0.000	
1		0.506	0.525	0.063	0.063	
3		0.317	0.317	0.044	0.035	
5		0.191	0.107	0.035	0.036	
7		0.137	0.107	0.029	0.029	
9		0.107	0.108	0.023	0.023	
Temperatu	re (°C)					
0	( )	0.000	0.000	0.000	0.000	
50		0.731	0.725	0.100	0.100	
60		0.713	0.719	0.131	0.106	
70		0.719	0.725	0.200	0.100	
80		0.706	0.713	0.231	0.119	
90		0.713	0.719	0.269	0.131	

While adsorption of stomach acid with 1 and 2 M  $H_2SO_4$  activated coconut husks charcoal shows a slight decrease in concentration with increase in temperature.

The concentration of solute (stomach acids (0.16 M HCl)) adsorbed per gram of adsorbent were calculated according to the following equation:

$$qt = \frac{A0 - A}{A0m}$$

where

 $A_0$  = concentration of the stomach acid

A = concentration of adsorbed stomach acid

m = mass of adsorbent used.

The results of quantity of stomach acid adsorbed by 1 and 2M KOH and  $H_2SO_4$  activated coconut husks charcoal at various contact time (min.) (Table 4.7 and Figure 4.7) revealed that KOH is far more better activation reagent for coconut husks charcoal than  $H_2SO_4$ . From the figure it can be seen that the quantity of stomach acid adsorbed by 1 and 2M KOH is nearly the same, this indicates that there is no need for activation with higher concentration KOH. Moreover, the quantity of stomach acid adsorbed per gram of 1 and 2M KOH is the same for all the contact times. This probably indicates that 15 minutes is the optimum contact time. From Figure 4.8 it was observed that the quantity of stomach acid adsorbed decreases with increase in quantity of 1M and 2M KOH activated coconut husks charcoal. This probably suggests that the optimum quantity might be lower than 1 g. Figure 3 shows that temperature has no effect on the adsorption stomach acid using 1M and 2M KOH and  $H_2SO_4$  activated coconut husks charcoal at various Temperature (°C).



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Figure 4.: Concentration of stomach acid adsorbed per gram of 1M and 2M KOH and H<sub>2</sub>SO<sub>4</sub> activated coconut husks charcoal at various contact time (min.)



Figure 5: Concentration of stomach acid adsorbed per gram of 1M and 2M KOH and  $H_*SO_*$  activated coconut husks charcoal at various contact time (min.)



Figure 6: Concentration of stomach acid adsorbed per gram of 1M and 2M KOH and H<sub>2</sub>SO<sub>4</sub> activated coconut husks charcoal with various temperature (°C).

CONCLUSION

Coconut husk is not rich in phytochemicals. KOH activated coconut husks charcoal is better than  $H_2SO_4$  activated coconut husks charcoalforadsorption of stomach acid and 1M KOH is the optimum activation concentration. The optimum contact time from the study is 15 minutes for KOH activated coconut husks charcoalforadsorption of

stomach acid. The optimum quantity for adsorption of stomach acid is 1 g per 25 ml of the stomach acid. Temperature has no effect in the adsorption of stomach acid.

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